

Holland Bloorview

Kids Rehabilitation Hospital

Imagination. Innovation. Inclusion.

Impact Report 2022-2023



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We are proud to celebrate another successful year of advocacy for children, youth and families with disabilities and developmental differences. Thanks to your generous support, a dedicated team of clinicians, staff and researchers let their **imagination**s soar, building a more accessible future for children. Together, we used the power of **innovation** to create solutions prioritizing the needs of clients and communities. We also listened, educated and took action towards creating a culture of **inclusion** and belonging both at Holland Bloorview and beyond our walls.

As Canada's largest pediatric rehabilitation hospital, we developed new programs to ensure clients receive safe and compassionate health care and prioritized the inclusion of marginalized communities. As a teaching hospital, we provided growth opportunities for staff, students and learners. Our anti-stigma campaign, [Imagine Everybody](#), spread awareness in communities across Ontario. Scientists in the [Bloorview Research Institute](#) continued to break barriers, generate knowledge, create life-altering technological advancements and amplify diverse voices in childhood disability research. Through it all, we celebrated the exceptional Holland Bloorview team who bring joy and see possibility in all they do.

Amidst socio-economic challenges within the health care sector brought on by post-pandemic life, we remained committed to children's health and development. That's why Holland Bloorview, along with other pediatric health care providers, advocated for a generational investment to right-size the children's health care system through the [Make Kids Count](#) Action Plan.

Your generosity, commitment and belief in our values have profoundly impacted the lives of countless children and families. Together with our community, donors, valued volunteers and devoted staff, we are co-creating the most meaningful future for children's health care. We look forward to another bright year ahead.



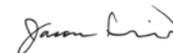
Julia Hanigsberg
President and CEO,
Holland Bloorview Kids
Rehabilitation Hospital



Sandra Hawken
President and CEO,
Holland Bloorview Kids
Rehabilitation Hospital
Foundation



Poonam Puri
Chair, Board of Directors,
Holland Bloorview Kids
Rehabilitation Hospital



Jason Smith
Chair, Board of Directors,
Holland Bloorview Kids
Rehabilitation Hospital
Foundation

A year of empowering imagination and building an accessible future

At Holland Bloorview we believe in creating a world where all youth and children belong. We are the only children's rehabilitation hospital in Canada focused on combining world-class care, transformational research and academic leadership in the field of pediatric disability. We help thousands of kids and youth with disabilities and complex medical needs access care that focuses on their physical, mental and emotional well-being and we power their infinite potential and possibility.

Together we dream big. Together we champion a world of possibility.



Who we serve



8,709

Total clients

447

Inpatient admissions

55,714

Outpatient visits

Who we are



1,107

Staff

186

Nurses

16

Physicians



487

Students

71

Medicine

149

Nursing

68

Research

199

Other clinical and non-clinical placements



490

Volunteers

contributed

27,460

volunteer hours

31% increase year-over-year volunteer hours



Creating proud, inclusive communities

Our ongoing commitment to advancing inclusion, diversity, equity, accessibility and anti-racism (IDEAA)

At Holland Bloorview, we are fostering an inclusive and anti-racist workplace for clients, families, staff, students and volunteers. This year, we established a new discrimination, racism and harassment reporting process, commissioned a survey of Black staff to help us understand and dismantle anti-Black racism internally and launched health equity and allyship training for all staff.

Building a bridge between social needs and health care

Holland Bloorview has developed a social needs screening tool to support clinicians in identifying and addressing barriers families face. In doing so, we help families connect, get support and improve their health care journey.



Let's talk about disability and sex

Created for teens, this new hub challenges disability stereotypes, offering educational resources and important conversation topics for young people, their caregivers and health care team.



“

The Holland Bloorview building has its own heartbeat – you can feel it the moment you come through the doors. The people within genuinely love what they do. It's a place where hope, respect and honour all come to co-mingle and dance.

Carolynn Gludish, ambulatory care nurse and day patient program coordinator



Serving diverse communities

Holland Bloorview serves some of Canada's most diverse communities.

Did you know:



8 of the top 10 communities we serve have populations that are at least

50% visible minority



9 of the top 10 communities we serve are among the fastest growing in terms of immigrant population

14% of the clients we serve have household incomes that are **below the poverty line of \$51,468**



Top languages spoken by families (excluding English)

Mandarin

Spanish

Arabic

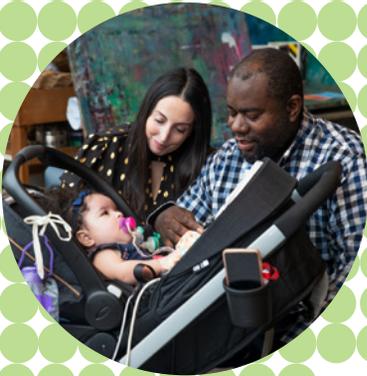
Tamil

6% of clients required interpreter services

Creating impact across Ontario

Holland Bloorview delivers a variety of programs across the province to support children, youth and families living with disability and developmental differences. These programs include:

- Get Up and Go persistent pain program
- Inpatient rehabilitation and complex continuing care
- Psychopharmacology clinic for complex medical and developmental disorders
- Spina bifida and spinal cord injury
- Selective dorsal rhizotomy assessment, surgery and post-operative rehabilitation
- Neuromuscular clinic
- Extensive needs program to serve children with complex clinical, developmental and social needs



“

Recognizing an occupational therapist (OT)

Words cannot adequately express how eternally grateful we are for the support and kindness you have shown [my child]. You have also taught me SO much about parenting, laughing through my tears and exemplifying exceptional OT skills. [My child] and I will never forget you.”

– Holland Bloorview parent



Big moments that shaped our year

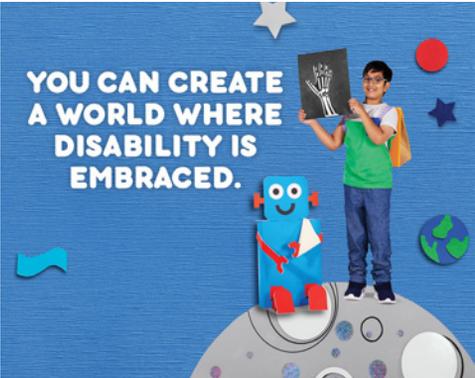
Marching with pride

For the first time ever, our LGBTQ2S+ employee resource group proudly took part in the Toronto Pride parade. The group’s mandate is to provide a safer, inclusive and welcoming space for members of the LGBTQ2S+ community at Holland Bloorview.



Imagining inclusion for everyone

The kids we care for at Holland Bloorview have dreams: driving a car, writing novels, being a doctor and having fun on the playground. The new Imagine Everybody campaign calls on everybody to dream big and imagine a world where disability is included.



Soaring toward our \$1 million fundraising goal

Our 2023 Capes for Kids campaign, supported by BMO, raised over \$1 million to help kids with disabilities move, play and heal. And with the help of 2,854 superheroes, Raptors 905, Toronto Raptor Pascal Siakam and his PS43 Foundation Canada, we broke the GUINNESS WORLD RECORDS™ title for the largest gathering of people wearing capes.

Complexity of the clients we serve

2,259

Total number of unique diagnosis

25%

1 diagnosis

24%

2 diagnoses

23%

3-4 diagnoses

28%

5+ diagnoses



40.1
days

Average length of stay

The average length of stay represents the number of days our clients are staying for rehabilitation services in our brain injury, specialized orthopaedic and complex care units. The number excludes long-stay clients, respite care and sleep studies.

Most common diagnoses



Inpatient

32%

Acquired brain injury

14%

Cerebral palsy

11%

Orthopaedic disorders



Outpatient

54%

Autism spectrum disorder

15%

Other developmental differences

9%

Acquired brain injury

Gender distribution

60%
Male

40%
Female

Ages of clients

11%
0-2 years

32%
3-5 years

19%
6-9 years

17%
10-14 years

22%
15+ years

Providing compassionate and client-centred care

Brain computer interface (BCI) unlocks independence using the power of thought

Developed over years of study, brain computer interface technology supports children and youth with severe mobility differences using the power of their minds. The technology relies on brain signals to command specific tasks such as painting, controlling music or playing video games. This year, we celebrated new advancements in using pictograms for communication and more options for mobility control.

Developing new ways to support families through the strength of community

We place the needs of clients and families at the heart of everything we do. The launch of our Family Support Network provides a safe and secure space for Holland Bloorview families to connect, share resources and access 1:1 support. We also launched the Kid2Kid (K2K) Advice Project that connects children and youth with similar lived experiences.



Our family support specialists conducted information consults with



532
unique families

533 clients and families participated in workshops and events with the Family Navigation Hub



1,056 unique clients and families participated in a diverse range of family workshops and events



We processed

992
applications



through our Family Support Fund, serving an estimated 734 unique families



Our clients and families nominated

271

Holland Bloorview staff for Spotlight Awards



Readers from

160 countries

read the BLOOM blog



119
Family leaders

115 family leaders on

45

committees

2,646

Family leader volunteer hours

37 Family as Faculty requests

across hospital departments and 6 external partner organizations resulting in 60 placements,



1,025 volunteered hours and matches across 6 teams

25 health literacy reviews of family-facing documents and materials



The power of play

Our therapeutic playroom provides a safe space for families to bond and enjoy time away from clinical care. The playroom allows children an opportunity to heal while making new friends and exploring the world around them through tactile discovery.



As therapeutic clowns, our focus is to find ways to give our clients power and choice. We meet clients and families where they are. We try to engage them in fun, spontaneous and personalized play to bring laughter, lightness, joy and relaxation to what could be a stressful experience."

Suzette Araujo, therapeutic clown



Breaking barriers through research

Dr. De-Lawrence Lamptey named inaugural EMBARK scientist

The Empowering Black Academics, Researchers and Knowledge creators (EMBARK) program is the first of its kind in Canada and aims to break down barriers and amplify diverse Black voices in childhood disability research.

Supporting inclusive design for community playgrounds

With the release of a new playgrounds playbook, Holland Bloorview is encouraging the design and building of inclusive play spaces. The playbook guides readers through key considerations and strategies to help create an accessible play environment for children of all abilities.



Reducing wait times for autism diagnosis

Dr. Melanie Penner, senior clinician scientist at the Bloorview Research Institute (BRI), led a study showing general pediatricians can accurately diagnose autism for many children. With speedier diagnosis comes the opportunity for faster access to therapies, benefiting children and their families.



Ward summer student program brings Indigenous lens to research

The Ward family summer student research program provides post-secondary students an opportunity to contribute to childhood disability research at the Bloorview Research Institute (BRI). We welcomed the addition of two specialized streams that provide training and mentorship to students with disabilities and those from First Nations, Métis or Inuit descent.



Spotlight on a Holland Bloorview psychologist

We would like to thank you so much for everything you did for our daughter. She has a beautiful way of seeing things and learning that we just couldn't unlock. You gave us ways to not only facilitate her learning at school but to understand and reveal how she thinks about things. We are lucky to have fallen into your hands."

– Holland Bloorview parent



36

**Scientists/
Investigators**
(total)

11 Scientists and senior scientists

4 Senior clinician scientists

5 Clinician scientist investigators

16 Clinical teams/ study investigators



127

Research trainees
(total)

28 Clinical Masters /MD students

25 Masters

36 PhD

35 Undergrads (including co-op)

3 Post doctoral

2

Canada research chairs

6

Hospital university endowed chairs

125

Peer-reviewed papers published

13

Research labs/centres

36

Invited international talks, keynotes or lectures



Inspiring the next generation of clinicians

Providing education and connection at annual Teaching and Learning week

We are proud to bring together staff, students and family leaders to celebrate teaching, develop skills and engage with Holland Bloorview's teaching and learning community. In 2022, we had over 90 attendees, 14 presentations, plus keynotes and workshops on topics such as unpacking power and privilege in health care and the impact of the pandemic on nursing students and new graduates.

Building capacity and advancing skills

In response to system pressures felt across the pediatric health care system, Holland Bloorview introduced the enhanced extern program, offering clinical learners in nursing, occupational therapy, physiotherapy and respiratory therapy the opportunity to learn and contribute under the mentorship of regulated care professionals. In 2022, 15 externs were on-boarded to support high-quality, safe and compassionate care.

Creating access to autism care in Northern Ontario

Holland Bloorview's Student-Led Environment Virtual Autism Supports for Wait-Times (SLED-VAST) created access to autism care for people in Northern Ontario. This unique student-developed program was recognized by the Ministry of Colleges and Universities with the prestigious Future Proofing Ontario's Students award.



“

We want to ensure the next generation of health care professionals are trained and dedicated to provide excellent care for children, youth and their families with disability and rehabilitation needs.”

Dr. Golda Milo-Manson, vice president,
medicine and academic affairs



Connecting the system within and beyond our walls

Supporting the journey from hospital to home for children with complex needs

A new program, designed by Holland Bloorview and Safehaven with funding from the Government of Ontario, provides integrated, transitional care for children who require specialized supports to safely leave hospital and return home.

Prioritizing safety and communication through new, innovative solutions

In support of our goal to provide safe, high-quality care for all children, youth and families, we welcomed the addition of ENFit, a new feeding tube connector designed to ensure error-free mealtime and medication administration. We also launched a new electronic health record management system that enables the sharing of client information between teams at three of the largest stand-alone children's hospitals in Canada.

A thriving team

Holland Bloorview youth leaders share their unique lived experience with disability through collection of short stories

As I Live and Breathe offers an intimate window into the lives of nine Holland Bloorview youth leaders. This collection of stories covers topics ranging from self-esteem, cultural identity, romance and parenting and features one-of-a-kind artwork from youth leader, artist and short story author Lexin.

New executive appointments bring diversity to leadership

We are pleased to continue to evolve our leadership team at the executive level so they better represent the communities we serve. This includes welcoming Dr. Evdokia Anagnostou, Holland Bloorview's first female vice president of research and Aman Sium, vice president, experience, transformation and social accountability. In what is believed to be a health care sector first, Aman is the first executive lead with social accountability as a distinct portfolio.



“

Reception is a lively place full of adventure. My colleagues are now my extended family and the children of Holland Bloorview always put a smile on my face! I want each and every child to believe that they can achieve anything they want to if they just always remember their worth.”

Joanna Miedzik, reception services





Holland Bloorview Foundation member Taylor Lindsay-Noel profiled in Revolutionnaire

Foundation board member and former client Taylor Lindsay-Noel shares the essential role Holland Bloorview played in her care journey and how she continues to be a revolutionary advocate, entrepreneur and champion for an inclusive world.

Dr. Danielle Baribeau brings additional mental health expertise to the Bloorview Research Institute

We warmly welcomed Dr. Danielle Baribeau to Holland Bloorview's child development team as a child psychiatrist and clinician scientist in our research institute. Her expertise will not only help support the mental health of youth with disabilities and developmental differences, but also contribute to the autism communication, learning and behavior program.



Thank you to our donors for helping us imagine a world of possibilities

We are thankful to our donors for their dedication to the empowerment and inclusion of youth and children with disabilities and developmental differences. A special thank you to:

Ontario Blue Cross and Medavie for their **3 year** funding commitment to our therapeutic clown program



Through Roots Cares, the clothing company donated over **\$60,000** to various programs at Holland Bloorview

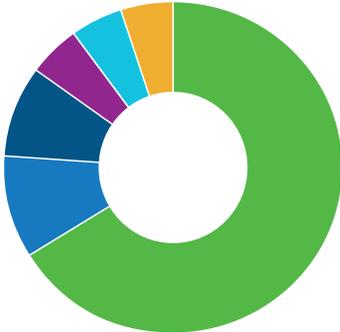
Prime Quadrant showed their dedication to mental health at Holland Bloorview by raising **\$120,000** at their annual Family Office Conference

Financials

Holland Bloorview Hospital

Where do hospital funds come from?

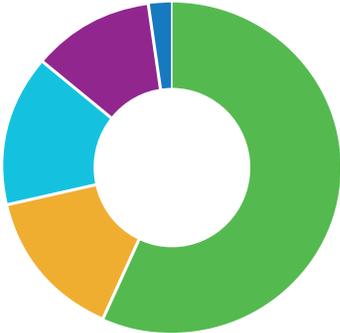
- 67% Government
- 9% Donors
- 9% Client services
- 5% Parking, food and other
- 5% Research
- 5% Investments



Total revenue
\$116,001,186

How do we spend hospital funds?

- 58% Care
- 15% Clinical and client support
- 15% Administration
- 10% Research
- 2% Professional development

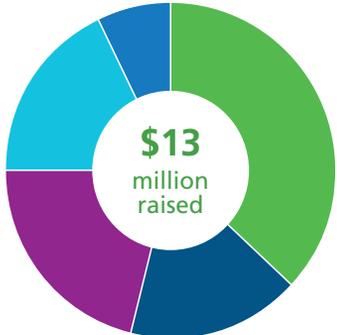


Total expenses
\$115,747,044

Holland Bloorview Foundation

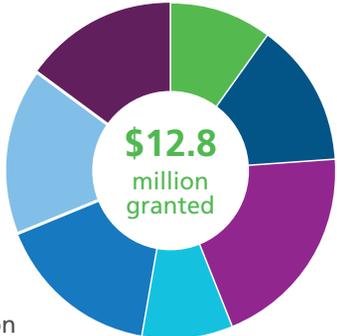
Where do foundation funds come from?

- 37% Individuals
- 17% Corporations
- 21% Foundations
- 18% Special events
- 7% Bequests



How do we grant foundation funds?

- 10% BRI growth strategy
- 14% Research institute core funding
- 20% Research
- 9% Teaching and learning
- 16% Client and family centred care
- 16% Community resources
- 15% Participation and inclusion



Bloorview Research Institute



- **24.9%** Tricouncil
- **19.4%** Provincial
- **7.1%** Subgrants collaboration
- **19.3%** Donations
- **6.1%** Indirect
- **6.5%** Scientist award
- **7%** Federal
- **1.5%** International
- **3.8%** Industry
- **0.1%** Other peer reviewed
- **2.9%** Studentship
- **0.7%** National Association/ Foundation
- **0.8%** Royalties/ other revenue

“

Recognizing a nurse

Thank you for providing [our daughter] with great care. You gave us confidence to help [her] through her recovery, ensuring that we were comfortable. You have advocated for [our daughter] to have her own voice and speak for herself when she became able to. Through her procedure and surgery you provided care, confidence and support.”

– Holland Bloorview parent

Congratulations to Dr. Elaine Biddiss, recently named Bloorview Childrens Hospital Foundation chair in pediatric rehabilitation

“

It’s such an honour to and privilege to be trusted with this appointment. With this chair position, I can help fuel what I like to think of as the sparks of innovation, those exciting opportunities that arise when the right team of people – families, clinicians, trainees and researchers - mobilize around a shared and need-driven vision.”



Thank you for your impact on kids and youth
with disabilities and developmental differences.

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Holland Bloorview

Kids Rehabilitation Hospital

A TEACHING HOSPITAL
FULLY AFFILIATED WITH



Holland Bloorview

Kids Rehabilitation Hospital Foundation

Charitable Business # 88932-6278-RR0001

Holland Bloorview Kids Rehabilitation Hospital

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